

UFH/YMCA Physician Referral Authorization

Patient is cleared for unsupervised exercise. If there are any precautions/special conditions, please list them here:

Patient Information:

Name: _____

Phone: _____

Date of Birth: _____/_____/_____

Medical Provider Information:

Name (print): _____

Signature: _____

Date: _____

Phone: _____

Offer includes YMCA 6-month individual membership.

- Please select a YMCA location on the participating branch list that is most convenient for you.
- Be sure to mention you are a Unite for HER participant and bring identification to your first visit.
- You must use the facility at least four times a month in order to keep the membership active.

Please bring this completed form to your first YMCA visit in order to begin your membership.

For YMCA Staff Use

- Sell as Invoice Annual
- Apply Unite for HER discount code
- Terminate membership at the end of the month, 6 months in the future. Reason, Loss of Eligibility.



Philadelphia Freedom Valley YMCA Locations

Abington YMCA

1073 Old York Road
Abington, PA 19001
Ronna Kassel
215-884-9622

Ambler Area YMCA

1325 McKean Road
Ambler, PA 19002
Karen Bruno
215-628-9950

Audubon YMCA

2460 Boulevard of the Generals
W. Norriton, PA 19403
Erica Genuardi
610-539-0900

Boyertown YMCA

301 W. Spring Street
Boyertown, PA 19512
Sharon Cramer
610-369-9622

Christian Street YMCA

1724 Christian Street
Philadelphia, PA 19146
Ashley Funk
215-735-5800

Columbia North YMCA

1400 N. Broad Street
Philadelphia, PA 19121
Janet Wright
215-235-6440

Hatboro Area YMCA

440 South York Road
Hatboro, PA 19040
Charlie Oski
215-674-4545

Haverford Area YMCA

891 N. Eagle Road
Havertown, PA 19083
Rick Knowles
610-649-0700

Northeast Family YMCA

11088 Knights Road
Philadelphia, PA 19154
Anne Hugue
215-632-0100

Phoenixville YMCA

400 E. Pothouse Road
Phoenixville, PA 19460
Donna Burns
610-933-5865

Pottstown YMCA

724 N. Adams Street
Pottstown, PA 19464
Sandy Creasy
610-323-7300

Rocky Run YMCA

1299 W. Baltimore Pike
Media, PA 19063
Ashley Seiler
610-627-9622

Roxborough YMCA

7201 Ridge Avenue
Philadelphia, PA 19128
Hadley Smink
215-482-3900

Spring Valley YMCA

19 W. Linfield-Trappe Road
Limerick, PA 19468
Lisa Hollenbach
484-984-2001

Upper Perkiomen Valley YMCA

1399 Quakertown Road
Pennsburg, PA 18073
Wendy Kern
215-679-9622

West Philadelphia YMCA

5120 Chestnut Street
Philadelphia, PA 19139
Felecia Thompson
215-476-2700

WELLNESS CENTER LOCATION

Stephen Klein Wellness Center
2108 Cecil B. Moore Ave.
Philadelphia, PA 19121
Janet Wright
215-400-2100

PHILAYMCA.ORG

