

Unite for HER Wellness Providers

The following providers are in the Unite for HER complementary therapy network. Please consult your physician prior to seeking treatments to verify that you are permitted to receive these therapies. You may contact the providers on this list directly to schedule a consultant, appointment or session. If you have any questions or require further assistance, please contact Tara Klick at tklick@uniteforher.org

Berks County

Massage Therapy

Jessica Schuler, LMT
Integrative Healing Massage
Providing therapy in your home.
Will travel to Pottstown, Collegeville,
Reading/Berks County areas.
Birdsboro, PA
267-663-8130

Reiki

Diana L. Bechte
1101 Magnolia Dr
Douglassville, PA 19518
610-334-6955

Jessica Schuler, LMT
Integrative Healing Massage
Providing therapy in your home.
Will travel to Pottstown, Collegeville,
Reading/Berks County areas.
Birdsboro, PA
267-663-8130

Burlington County

Acupuncture

Mary Ann Sciamanna, DO
Marlton Acupuncture Center
525 Route 73S, Ste 301
Marlton, NJ, 08053
856-596-1005
www.marltonacupuncture.com

Massage Therapy

Harriet Jahr-Philips, LMT, CLT
Medical Center Two Capital Way,
Ste 220 Pennington, NJ 08534 or
Lourdes Medical Associates
Hematology/Oncology
101 Burrs Rd, Ste C
Westampton, NJ 08060
o- 609-303-0747
c-267-251-1605
hjahrphilips@aol.com

Rosemary Romett, M.Ed., LMT
In Home Session
215-432-5497
amend@verizon.net

Reiki

Anna S. Castro
Cinnaminson, Mount Laurel,
Medford, NJ
609-721-3009
annacastro@yahoo.com

Harriet Jahr-Philips, LMT, CLT
Mercer Bucks Hematology
Oncology, PC @Capital Health
Medical Center Two Capital Way,
Ste 220 Pennington, NJ 08534 or
Lourdes Medical Associates
Hematology/Oncology
101 Burrs Rd, Ste C
Westampton, NJ 08060
o- 609-303-0747
c-267-251-1605
hjahrphilips@aol.com

Yoga

Karin Otto, E-RYT
400 Park Ave
Cinnaminson, NJ 08077
267-254-7819
www.karinyogaom.com

Bucks County

Acupuncture

Lisa Ducker, DO
930 Town Center Dr, Ste G10
Langhorne, PA 19047
215-750-8373

Dan-Ning Lewis, L. Ac., Dipl CH,
P.O.M.
Oriental Wellness Center
577 Limekiln Rd
Doylestown, PA 18901
215-489-0375

Massage Therapy

Curran Latchford, LMT
1501 Lower State Road
North Wales, PA 19454
215.646.2410
curran@groundluminosity.com
www.groundluminosity.com

Brenda Sonnie-Goldman. LMT, CLT
770 Newtown-Yardley Rd, Ste 214
Newtown, PA 18940
215-416-8223
bjsonnie@gmail.com
www.energytoheal.me

Rosemary Romett, M.Ed., LMT
Southampton, PA 18966 or
Treatments in home or
Handled with Care
800 Cottman Ave
Philadelphia, PA 19111
215-432-5497
215-722-2923
message2amend@gmail.com

Joan Rosetsky, LMT, CLT
Mindful Metta Massage
65B West State St
Doylestown, PA 18901
215-284-7090.
Joanrose108@gmail.com
mindfulmettamassage.com

The Spa at Cornerstone
847 Easton Rd
Warrington, PA 18976
Melissa Faith Baun, LMT
Claudia Glugsberger, LMT
Carol Hunt, LMT
Cathy Sicinski, LMT
Rachel Zhang, LMT
215-918-5950
thespaatcornerstone.com

Julie A. Spahn, LMT
Total Massage, LLC
Home Office, Home Visits
Chalfont, PA 18914
484-489-1700

Kathy Stahl, LMT
800 West State St, Ste 103
Doylestown, PA 18901
267-231-8522
kathycstahl.com

Reiki

Christine M. Cutter RT(R)(M)
Warrington, PA 18976
267-971-9092
cmpcutter@yahoo.com

Merle Eskowitz, RM-T, CPC, SMC
126 N. State St
Newtown, PA 18940 or
800 Cottman Ave
Philadelphia, PA 19111
215-801-8054
merle.eskowitz@gmail.com

Tijen Genco, E-RYT 200
Newtown Yoga
17 Barclay St
Newtown PA 18940
267-391-7991
gencocoaching@outlook.com

Valarie & Ian Haag
Rainbows of Healing
123 W Maple Ave
Langhorne, PA 19047
267-840-8003
val@rainbowsofhealing.com

Theresa Moore, LMT, RM, RYT-200
120 West Butler Ave
New Britain, PA 18901
(267)709-2592
PeacefulJournneys24@gmail.com

The Spa at Cornerstone
847 Easton Rd
Warrington, PA 18976
215-918-5950
Thespaatcornerstone.com

Yoga

Cornerstone Clubs
847 Easton Rd
Warrington, PA 18976
215-918-5900

Tijen Genco, E-RYT 200
Newtown Yoga
17 Barclay St
Newtown PA 18940
267-391-7991
gencocoaching@outlook.com

Joan Rosetsky, E-RYT-500
w/Yoga Alliance
65B West State St
Doylestown, PA 18901
215-284-7099
joanrose108@gmail.com

Professional Counseling

Joanne Adar, MSS, LCSW, HSV
16 North Franklin St, Ste 306
Doylestown PA 18901
215-694-6932
jadar.lcsw@gmail.com

Pamela J. Ginsberg, Ph.D.
400 Farm Ln
Doylestown, PA 18901
215-340-0608
dr.pam@pginsbergphd.com

Well-Being Center LLP
Stephanie Schneider, MS, LPC
Andrew Burns, MS
Tracy McAlee MS, LPC
63 W. Lancaster Ave, Ste 2
Ardmore, PA 19003
610-314-7996
wellbeing.ardmore@gmail.com
well-beingcenterllp.com

Physician-Referred

Exercise Program

Contact info@uniteforher.org
for physician authorization form
for all locations

AFC Fitness
1040 Mill Creek Dr
Feasterville, PA 19053
215-355-2700
Casey Matthiesen
casey@afcfitness.com
afcfitness.com

Cornerstone Clubs
Andrew Jazich
847 Easton Rd
Warrington, PA 18976
215-918-5900
Cornerstoneclubs.com

Cornerstone Clubs
740 Edison-Furlong Rd
Furlong, PA 18925
215-794-3700
Cornerstoneclubs.com
Cornerstone Clubs
322 West Bridge St
New Hope, PA 18938
215-862-2200
Cornerstoneclubs.com

Newtown Athletic Club
120 Pheasant Run
Newtown, PA 18940
215-968-0600
Attn: Melissa or Linda
newtownathletic.com

YMCA
Central Bucks Family
2 locations
cbfymca

Camden County

Acupuncture

Dr. Yongshun Bei, L. Ac
1 Mall Drive, Ste 301
Cherry Hill, NJ 08002
646-321-9922
www.beiacupuncture.com

Dr. Caiping Lin
Oriental Healing
10 W. Ormond Ave
Cherry Hill, NJ 08002
856-857-9494
www.orientalhealing.net

Dr. Ming Yang PhD, MD, L. Ac
Acupuncture & Oriental Health



Care, LLC
2301 Evesham Rd, Ste 405
Voorhees, NJ 08043
856-772-2688
856-952-6294
myacupuncture2014@gmail.com
www.acupuncture-ohc.com

Massage Therapy

Heather L. Disbrow, LMT
Mind Body & Soul Wellness Center
614 Station Ave
Haddon Heights, NJ 08035
856-672-4325
heather.massagetherapy.com

Sharon Edelman, RM, LMT
Live in Joy Yoga Studio
118 W. Merchant St
Audubon, NJ 08106 or
Acu-Health Holistic Center
100 W Camden Ave
Moorestown, NJ 08057
609-320-2654
sharon@thereikischool.com

Reiki

Sharon Edelman, RM, LMT
Live in Joy Yoga Studio
118 W. Merchant St
Audubon, NJ 08106 or
Acu-Health Holistic Center
100 W Camden Ave
Moorestown, NJ 08057
609-320-2654
sharon@thereikischool.com

Mary Townsend RN, BSN, HNB-BC
Master/Teacher & Certified Holistic Nurse
One Light Wellness
15 Juniper Cr
Blackwood, NJ 08012
Onelightwellness@gmail.com

Yoga

Michelle Higgins, RYT-200 HR
South Jersey and Philadelphia,
private lessons
Studio space also available in
Collingswood, NJ 08101 770-598-
0863

Julie Fischer, RYT 500, LMT
Janet Watkins, E-RYT 500, CRM
118 W. Merchant St
Audubon, NJ 08106
856-546-1006
liveinjoy@gmail.com
www.liveinjoyyoga.com

Erik Marrero, ERYT-500

Mindful Yoga and Sanskrit, LLC
Washington Township, NJ 08080 or
Trishula Yoga
Collingswood, NJ,
856-582-5717
ejmarrero@comcast.net
Trishula Yoga
yogainspiredstudio.com

Anita Romero, RYT-200
Vinyasa Yoga private & group
classes or
817 Haddon Ave
Collingswood, NJ 08108
215-817-1184
anitaromyoga@gmail.com
Yogawood.com
YogaTreeriverton.com

Karin Otto, E-RYT 400 Park Ave
Cinnaminson, NJ 08077
267.254.7819
karinyogaom.com

Professional Counseling

Nancy Denis, MSCC, LMFT
Connect Our Hearts Counseling
Services Executive Mews:
1930 E. Marlton Pike, Ste K57
Cherry Hill, NJ 08003
215-815-8075

Elizabeth Lipshutz, MSW, LCSW
11 E. Laurel Rd, Ste B
Stratford, NJ 08084
856-346-4048
elipshutz04@comcast.net

Mindful Soul Center for Wellbeing
Women-centered counseling
Michelle Richardson, MSW, LCSW
Nicole Valles, MA, L.Ac, NCC
Janel Morey-Sassano, MSW, LSW
Jessica Houghton, MSW, LCSW
Heather Gimpel, MS, L. Ac, NCC
Chelsea Murphy, MS, L. Ac, NCC
739 S. White Horse Pike, Ste 10
Audubon, NJ 08106
856-617-4544
info@mindfulsoulwellbeing.com

Lauren Pluchino, MSW, LCSW
Serenity Therapy & Counseling, LLC
215 Fries Mill Rd
Turnersville, NJ 08012
856-442-9355
lauren@serenitytherapycounseling.com
serenitytherapy-counseling.com

Chester County

Acupuncture

Thomas Burgoon, MD
Medical Acupuncture of
Chester County
1217 West Chester Pike
West Chester, PA 19382
610-431-0850
Medicalacupuncturepa.com

Dr. Hui Kang
Paoli Medical & Professional
Commons
250 W. Lancaster Ave, Ste 150
Paoli, PA 19301
610-296-8833 or
915 Montgomery Ave, 4th Fl, Ste1
Narberth, PA 19072
610-285-8228

Kalpana Patankar, MD, MAc
Traditional Acupuncture Plus
1288 Valley Forge Rd
Phoenixville, PA 19460
610-935-4434
greatwelcome.com

Margaret Stroz, MD
405 N Walnut St
West Chester, PA 19380
610-368-0789
stroz.margaret@gmail.com

Li Sheng Weng, L. Ac
10431 Academy Rd, Ste F
Philadelphia, PA 19114 or
301 Oxford Valley Rd, Ste 205A
Yardley, PA 19067
215-612-0889

Massage Therapy

Julie Ackerman, LMT, CLT
Flow Therapies
8618 Germantown Ave
Chestnut Hill, PA 19118
541-870-2334
julie@flowtherapies.com
flowtherapies.com
Specializes in lymphatic massage

Christine Burnett, CMT, LMT
Chester County Massage Therapy
828 Paoli Pike
West Chester, PA 19380
484-678-9202
chestercountymassagetherapy.com

Christopher Deery, LMT
Xerlan Deery, LMT
Phoenixville Massage & Bodywork
1023 Gay St
Phoenixville, PA 19460
610-906-2322
PhoenixvilleMassage.com

Lydia Dorwart, LMT
506 E. Lancaster Ave
Downingtown, PA 19335 or
1127 West Chester Pike
West Chester, PA 19382
610-647-7551
hhmassage.com

Freedom Massage
Molly Malone, LMT
Emily Bruce, LMT
8 Mystic Ln
Malvern, PA 19355
610-644-9003
Info@freedommassage.com

The Integrated Healing Center
Christine F. Hayes, P.T., P.C.
Sara Fortunato, LMT, CLT, RM
195 W. Lancaster Ave, Ste 3
Paoli, PA 19301
610-695-9913
c- 610-324-6140
chayespt.com

Polina Kozlowski, RN, BSN, LMT
Mobile massage serving Delaware,
Chester and Montgomery counties
Support@holisticochoice.com

Kathy McCarry, LMT
409 Greenwood Rd
Kennett Square, PA 19348
610-506-9774
kathymassagetechn@gmail.com

Mara McMullen, LMT
Phoenixville YMCA
400 E. Pothouse Rd
Phoenixville, PA 19460
610-933-5861
philaymca.org

Optimal Massage
Jeannine Ryder, DBTMB
Tisha Hunt, LMT
121 E. Gay St
West Chester, PA 19380
610-696-6880
optimalmassage.com

Kerry Ann Peters, LMT, B.S. Edu
265 West Uchlan Ave
Downingtown, PA 19335 or
512 West Lancaster Ave, 2nd Fl
Wayne, PA 19087
please request appointment via
website or via text to 484-574-1278
kerryannpeters.com

Debra Sanders, LMT
Kneaded Peace Massage Therapy
375 Morgan St
Phoenixville, PA 19460
610-457-9800

Roxanne Velebir, LMT
304 National Rd, Ste 300
Exton, PA 19341
610-420-2573
bodyworkbyroxanne.com

Christine Waldman LMT
375 Morgan St
Phoenixville, PA 19460
484-302-6289

Reiki

Helene M. Albright
Awaken with Light, Inc.
106 Kimberbrae Dr
Kimberton, PA 19442
610-933-6735

Nancy Boudrie
Awaken with Light, Inc
525 East Gay St
West Chester, PA 19380
484-876-1048
awakenwithlight@gmail.com

Eileen S. Curry, Reiki Master, MSN,
RN, CCRN, and Hypnotherapist
Fundamental Balance
511 Foxwood Ln
Paoli, PA 19301
610-647-6157
EFSCurry@verizon.net

Kathleen Fennelly, RN, CHTP
1062 E. Lancaster Ave, Ste. 13-A
Bryn Mawr, PA 19010 or
516 E. Lancaster Ave
Downingtown, PA 19335
610-698-8643
healingtouchbykathy.com

Sara Fortunato, LMT, CLT, RM
The Integrated Healing Center
195 W. Lancaster Ave, Ste 3
Paoli, PA 19301
610-695-9913
c- 610-324-6140

Tonia D. Kulp, RYT 500
727 Isaac Taylor Dr
West Chester, PA 19382
610-883-0482
tonikulp@gmail.com

Michele Mallon
The Integrated Healing Center -
Energy Healing Practitioners
95 W. Lancaster Ave, Ste 3
Paoli, PA 19301
610-695-9913

Leanne Miller Rush, CHHC
374 Coldstream Dr
Berwyn, PA 19312
610-908-4011
PathToYourWellness.com

Yoga

Jessica Bertocini RYT
318 N Matlack St
West Chester, PA 19380
215-300-2707

Jacqueline Meister, RTY-200
215-287-2544
Jacquemeister@yahoo.com

Kimberly Alt Brinser, RYT 200
Chester Springs, PA
609-519-9988
kimberlyalt@aol.com

Linda DiValerio, E-RYT-200
1130 McDermott Dr
West Chester, PA 19380
610-306-2143
linda.ufhyoga@gmail.com

Alison Donley, E-RYT 500 w/Yoga
Alliance
11 Exchange Place
West Grove, PA 19390
484-643-0870
aliuncaged2017@gmail.com

Tracey Eltringham RYT200
484-643-0145
Eltringhamtracey@gmail.com

Amanda Hershey RYT 200
From Philadelphia, PA 19111
Serving Chester, Delaware
and Philadelphia County
215-280-1193
AmandaHershey@outlook.com
BlossomwithMe.com

Tonia D. Kulp, RYT 500
727 Isaac Taylor Dr
West Chester, PA 19382
610-883-0482
tonikulp@gmail.com

Lorraine Mazzotta, ERYT-200
25 Ridge View Dr
Coatesville, PA 19320
610-383-3893
lorraine07@comcast.net

Pat McKeon, RYT 200
610-212-6506
pmckeon@comcast.net

Nancy Murphy, RYT 200
Downingtown, PA 19335
610-952-5823
nancy.murphy2@verizon.net

Peggy Nalevanko, e-RYT225, 500
Wayne, PA 19087
Servicing the Wayne, Radnor,
Malvern, Frazer, West Chester,
Phoenixville areas

Dee Person, E-RYT 500, PFT, AHP,
& Meditation Instructor
484-888-3725
studiodeewellness.com

Sherry G Rubin, E-RYT-200
50 W. Welsh Pool Rd, #4
Exton, PA 19341
610-873-0815
Sherrygrubin@gmail.com

Professional Counseling

Healing Concepts, LLC
Lara Krawchuk, MSW, LCSW, MPH
Terry Sturmer, MSW, LSW
Patti Guyre, MSW, LSW
1450 E. Boot Rd, Ste 500-D
West Chester, PA 19382
610-209-3111

Sherry G Rubin, LCSW
50 W. Welsh Pool Rd, #4
Exton, PA 19341
610-873-0815
Sherrygrubin@gmail.com

Physician-Referred Exercise Program

Contact info@uniteforher.org
for physician authorization form
for all locations

ACAC Fitness and Wellness
Centers
1130 McDermott Dr
West Chester, PA 19380
610-431-7000 or
699 Rice Blvd
Exton, PA 19341
610-425-3188
acac.com

YMCA
Greater Brandywine – 8 locations
Ymcagbw.org

Cumberland County

Reiki

Mary Lorito, RN, BS, Reiki Master
and Shamanic Practitioner
Caring Hands Open Hearts, LLC
Vineland, NJ
856-696-8078
marylorito@gmail.com

Delaware County

Acupuncture

Jia Guo, DOM, L. Ac, MD
211 N. Monroe St, Ste 100
Media, PA 19063
610-628-9220
jiaguowang@yahoo.com

Seth Koss, MD
Wellspring Physician Acupuncture
950 West Valley Rd, Ste 2301
Wayne, PA 19087
610-687-9334
sethkoss@verizon.net
wellspringmdacupuncture.com

Don Liu L.OM
Main Line Acupuncture
2 W Lancaster Ave
Ardmore, PA. or
20 Trolley Sq, Ste 20B
Wilmington, DE 19803
610-642-8888
mainlineacu.com

Dr. Zufang Sheng
2631 Springfield Rd
Broomall, PA 19008
610-325-6916
drshengsoffice.com

Sherry Wang L. Ac

McDade Blvd & Virginia Ave
Folsom, PA 19033 or
1305 West Chester Pike
Havertown, PA 19083
Phone: 610-586-3808
shewg@yahoo.com

Massage Therapy

Ronda Crary, MS, LMT, CLT
215 W. Church Rd, #112
King of Prussia, PA 19406 or
1025 Andrew Dr, Ste 140
West Chester, PA 19380
302-229-2494
ronda.crarylmt@gmail.com
healingpointonline.com
Massage available in PA, in-home in
DE County only.

Polina Kozlowski, RN, BSN, LMT
Mobile massage serving Delaware,
Chester and Montgomery counties
Support@holisticchoice.com

Roberta MacLean, LMT
The Healing Connection
623 W. Lancaster Ave
Wayne, PA 19087
610-688-3315
Ahealingconnection.com

Kerry Ann Peters, LMT, B.S. Edu
265 West Uchlan Ave
Downingtown, PA 19335 or
512 West Lancaster Ave, 2nd Fl
Wayne, PA 19087
please request appointment via
website or via text to 484-574-1278
kerryannpeters.com

Bob Risoli, LMT, NCTMB
Private Holistic Therapist
Treatments in your home
484-318-5465
relaxforgoodhealth.com

Christine Dano Sexton, LMT
209 Rushley Way
Media, PA 19063
610-357-7819
calmdownmassagetherapy@gmail.com
www.calmdownchris.com

Susan Wood, LMT
Private Practice Delaware County
Mainline
484-995-1123

Reiki

Ronda Crary, MS, LMT, CLT



215 W. Church Rd, #112
King of Prussia, PA 19406 or
1025 Andrew Dr, Ste 140
West Chester, PA 19380
302-229-2494
ronda.crarylmt@gmail.com
healingpointonline.com
available in PA, in-home in DE
County only.

Linda Dieffenbach, BSW,
Wellness in Harmony, LLC
860 N. Swedesford Rd
Wayne PA 19087
484-354-0499
wellnessinharmony.com

Angela Hopkins
708 Eddystone Ave
Eddystone, PA 19022
610-800-8020
Serenity_studio@icloud.com
Pickupyourmat.net

Rina Kenney
Springfield, PA 19064
610-505-4648
Rinakenney@Yahoo.com

Roberta MacLean, LMT
The Healing Connection
623 W. Lancaster Ave
Wayne, PA 19087
610-688-3315
ahealingconnection.com

Melissa Mroz, RYT 200, CTRS, C-
PT, MS
Main Line Health
Fitness & Wellness Center
1020 Baltimore Pike, Ste 150
Glen Mills, PA 19342
215-378-9983
melissa@solshineacademy.org

Yoga

Della Cowall, RYT w/ Yoga Alliance,
MFA
Lansdowne. PA 19050
717-795-6248
dcowall@gmail.com
Needanse.com

Emily Joy Dozor, RYT
521 1/2 N Olive St.
Media, PA 19063
610-220-7426
19063joydozor@aol.com

Amanda Hershey RYT 200
From Philadelphia, PA 19111

Serving Chester, Delaware
and Philadelphia County
215-280-1193
AmandaHershey@outlook.com
BlossomwithMe.com

Sharlene M. McKinley
Cerca Trova Yoga
2124 Darby Rd
Havertown, PA 19083
610-203-4141
cercatrovayoga@verizon.net

Peggy Nalevanko, e-RYT225, 500
Wayne, PA 19087
Servicing the Wayne, Radnor,
Malvern, Frazer, West Chester,
Phoenixville areas

Jeanne M Rozanski PT MHA CLT
RYT 200
2010 West Chester Pike, Ste 438
Havertown Pa 19083
484-431-1274
jrozanski@mercyhealth.org

Professional Counseling

Crozer Keystone Health System
Enid Peura, LCSW
Tellie Ruffin, LCSW
One Medical Center Blvd, POB1, Ste 407
Upland, PA 19013
610-874-5257

Well-Being Center LLP
Stephanie Schneider, MS, LPC
Andrew Burns, MS
Tracy McAlee MS, LPC
63 W. Lancaster Ave, Ste 2
Ardmore, PA 19003
610-314-7996
wellbeing.ardmore@gmail.com
well-beingcenterllp.com

Physician-Referred Exercise Program

Contact info@uniteforher.org
**for physician authorization form
for all locations**

Healthplex Sports Club
Barb Isaacs
194 West Sproul Rd
Springfield, PA 19064
610-938-2555
Barb.isaacs@crozer.org
crozerkeystone.org/Healthplex

Main Line Health Fitness & Wellness
Center
Rachel Harper
1020 Baltimore Pike Ste 150

Glen Mills, PA 19342
484-227-7903
Rachelh@fitnessandwellness.org
mainlinehealthfitnessandwellness

YMCA
Philadelphia Freedom Valley
18 locations
philaymca.org

YMCA
Eastern Delaware County
2 locations
Cyedc.org

Gloucester County

Physician-Referred Exercise Program

Kennedy Fitness and Wellness
405 Hurffville Crosskeys Rd
Sewell, NJ 08080
856.582.2180

Lackawanna County

Massage Therapy

Sherrie Petrowski-McDade, LMT
739 E. Drinker St, Unit 203
Dunmore, PA 18512
570-905-6967
QualityofLifeLMT@yahoo.com
Private Practice & Mobile Therapy
available

Mercer County

Acupuncture

Jennifer Luan, MD
Princeton Medical Acupuncture
12 Roszel Road, Suite A101
Princeton, NJ 08540
609-520-0088



www.princetonmedicalacupuncture.com

Massage Therapy

Harriet Jahr-Philips, LMT, CLT
Mercer Bucks Hematology
Oncology, PC @Capital Health
Medical Center Two Capital Way,
Ste 220 Pennington, NJ 08534 or
Lourdes Medical Associates
Hematology/Oncology
101 Burrs Rd, Ste C
Westampton, NJ 08060
O- 609-303-0747
C-267-251-1605
hjahrphilips@aol.com

Middlesex County Acupuncture

Jennifer Luan, MD
622 Georges Road, Suite 103
North Brunswick, NJ 08902
732-317-8886
www.Princetonmedicalacupuncture.com

Montgomery County

Acupuncture

Minchun Chen, L.OM, MD, PhD
Holistic Healing Pro
455 Pennsylvania Ave, Ste 120
Fort Washington, PA 19034
215-715-5562
chenmichell@gmail.com

Ruijuan (Jane) Liu, MD
506 N. Broad St
Lansdale, PA 19446
610-505-5188
email@beijingacupuncture.com

Lingling Luo, MD
1062 Lancaster Ave, Ste 17A
Rosemont, PA 19010
610-520-0877
llynn5988@gmail.com
acupuncturebrynawrpa.com

Dr. Weiping Wang, L. Ac
858 Welsh Rd, Ste 10
Maple Glen, PA 19002
215-628-4888

Dr. Ruonan Zhang, L. Ac
Yang Institute of Integrative
Medicine
940 Haverford Rd
Bryn Mawr, PA 19010
610-520-1128

Tianming Zhou, MD
4070 Butler Pike, Ste 200
Plymouth Meeting, PA 19462
610-825-5741

Massage Therapy

Jen Andrews, LMT, RYT-200, M.Ed.
954 Montgomery Ave, #5
Narberth, PA 19072
240-674-8069
jenandrews@mindfulmuscles.org
Mobile massage/yoga services

Judith Barrett Johnson, LMT
Simply Be Well LLC
1246 Collegeville Rd
Skippack, PA 19474
610-584-2439

Janet Bennett, LMT
72 S. Trooper Rd
Eagleville, PA 19403
610-539-2887

Margaret (Maggie) Christy, LMT
721 E. Lancaster Ave, 3rd Fl
Downingtown, PA 19335
610-883-7288
MHC.MTM@gmail.com

Margaret Connolly, PhD, LMT
109 Forrest Ave, 1st Fl
Narberth, PA 19072
610-202-4778
MargaretConnollyRCST.com

Ronda Crary, MS, LMT, CLT
215 W. Church Rd, #112
King of Prussia, PA 19406 or
1025 Andrew Dr, Ste 140
West Chester, PA 19380
302-229-2494
ronda.crarylmt@gmail.com
healingpointonline.com
Massage available in PA, in-home in
DE County only

Eleanor Dukes, LMT
Trinity Massage Haven, LLC
921 Penllyn Blue Bell Pike
Blue Bell, PA 19422
267-584-3015

Kimberly Evans
101 N. Wayne Ave
Wayne, PA 19087
610-688-SKIN (7546)
colewellnessspa.com

Melissa D. Fell, LMT
Private Practice in Skippack
610-329-8171

Yvonne Fisher, LMT, CMT
7237 Hollywood Rd., Ste 1
Fort Washington, PA 19034
215-206-5074
InsightBodyTherapies.com

Joanne Freedman, LMT, CRM
Therapeutic Massage/Reiki Master
Body Benefits
Bala Cynwyd, PA 19004
610-668-2662
relief@bodybenefits.org
BodyBenefits.org

Polina Kozlowski, RN, BSN, LMT
Mobile massage serving Delaware,
Chester and Montgomery counties
Support@holistichoice.com

Claire Misko, RYT 200 w/Yoga
Alliance
White Lotus Studio
305 Mt. Bradford Way
West Chester, PA 19382
484-753-2418
whitelotusreiki.org

Jessica Schuler, LMT
Integrative Healing Massage
Providing therapy in your home.
Will travel to Pottstown, Collegeville,
Reading/Berks County areas.
Birdsboro, PA
267-663-8130

Kelly Smith, LMT
400 Calverton Ct
Harleysville, PA 19438
267-229-9689

Cheryl Weingartner, LMT
9 Tanglewood Dr
Schwenksville, PA 19473
610-505-4770
Zenspapa7@gmail.com

Michele Weitzenkorn, LMT



Sporting Club Main Line
931 E Haverford Rd
Bryn Mawr, PA 19010
610-527-2200
c- 610-724-3104
Mychelew1@yahoo.com

Reiki

Pamela Aloia
Collegeville, PA 19426
484-919-0348
lookinside@solangel.com
solangel.com

Judith Barrett Johnson, LMT
Simply Be Well LLC
1246 Collegeville Rd
Skippack, PA 19474
610-584-2439

Kathleen Fennelly, RN, CHTP
1062 E. Lancaster Ave, Ste. 13-A
Bryn Mawr, PA 19010 or
516 E. Lancaster Ave
Downingtown, PA 19335
610-698-8643
healingtouchbykathy.com

Joanne Freedman, LMT, CRM Body
Benefits
Therapeutic Massage/Reiki Master
Bala Cynwyd, PA 19004
610-668-2662
relief@bodybenefits.org
BodyBenefits.org

Patricia Lachman
Fundamental Balance
Collegeville, PA
610-209-6632
PattyLachman@verizon.net

Jessica Schuler, LMT
Integrative Healing Massage
Providing therapy in your home.
Will travel to Pottstown, Collegeville,
Reading/Berks County areas.
Birdsboro, PA
267-663-8130

Jody Smith Long
505 Old York Rd, Ste LO6
Jenkintown, PA 19046
215-512-3636
Jody43s21@gmail.com

Jodie Smola,
1000 Grosser Rd
Gilbertsville, PA 19525 or
857 Main St
Harleysville, PA 19438 or

7237 Hollywood Rd, Ste 1
Fort Washington, PA 19034
267-354-4530
moonbeamshaman@gmail.com

Yoga

Jen Andrews, LMT, RYT-200, M.Ed.
954 Montgomery Ave, #5
Narberth, PA 19072
240-674-8069
jenandrews@mindfulmuscles.org
Mobile massage/yoga services

Ronda Crary, MS, LMT, RYT-200
215 W. Church Rd, #112
King of Prussia, PA 19406
302-229-2494
ronda.crarylmt@gmail.com
healingpointonline.com
Yoga services available in PA and
DE, in-home in DE County only.

Matthew Mitlas, E-RYT-200
Providing yoga in Collegeville, Blue
Bell, and surrounding areas
610-331-1612
matthewmitlasyoga@gmail.com

Sharon Perloff, RTY
In-Home yoga in the Ambler, Fort
Washington or Blue Bell area-
215-704-4640
sharonlee1103@gmail.com

Professional Counseling

Cathy Nobil-Dutton, MSW, LCSW
Body Esteem
749 Argyle Rd
Glenside, PA 19038
o-215-887-3707
c-215-317-2416
catnd749@comcast.net
BodyEsteem.org

Allison Martinez, MSS, LCSW
Open Hands Therapy
208 N. Easton Rd, Ste 301
Willow Grove, PA 19090
267-512-0743
openhandstherapy@gmail.com

Sue Ryan, Psy. D
555 Second Ave, Bldg C, Ste 650
Collegeville, PA 19426
610-306-4774
drsusanryan@hotmail.com

Laura E. Simonelli, Ph.D.
Director & Licensed Psychologist

Premier Health Psychology, LLC
140 Clemens Rd., Site 104
Harleysville, PA 19438
267- 890-7233

Nancy A. Vanore, MSN, APRN, BC
1084 Lancaster Avenue,
Suite 301, Bryn Mawr, PA
[\(610\) 850-9542](tel:(610)850-9542)

Physician-Referred Exercise Program

**Contact info@uniteforher.org
for physician authorization form
for all locations**

AFC Fitness
Matthew Beyer
601 Righters Ferry Rd
Bala Cynwyd, PA 19004
610-664-6464
mbeter@aquahab.com
afcfitness.com

AFC Fitness
Eric Chernikovich
921 Old York Rd
Noble Town Center
Jenkintown, PA 19046
215-887-8787
ericc@aquahab.com
afcfitness.com

The Sporting Club Main Line
Christina Bower
931 Haverford Rd
Bryn Mawr, PA 19010
610-527-2200
sportingclubmainline.com

YMCA
Philadelphia Freedom Valley
18 locations
philaymca.org

North Penn YMCA
2 locations
northpennymca

Philadelphia County

Acupuncture

Karen Lin, MD
Temple University School
of Medicine, Jones Hall Practice
1316 W Ontario St, 1st Fl
Philadelphia, PA 19140
215-707-1800



Lynnae Schwartz, M.D., M.Ac.
Medical Tower Building, Ste 1408
255 S 17th St
Philadelphia, PA 19103
646-397-0267
info@schwartzmedacupuncture.com

Ming Yang Ph.D., M.D.
1737 Chestnut St, Ste 200
Philadelphia, PA 19103 or
2301 Evesham Rd, Ste 405
The Pavilions of Voorhees, NJ
08043
888-983-3688
856-772-2688
ming.yang@jefferson.edu
acupuncture-ohc.com

Massage Therapy

Danica Arizola, RM, LMT
The Salon House
400 South Sydenham St
Philadelphia, PA 19146 or
Back to Life Urban Sanctuary
171 W. Thompson St
Philadelphia, PA 19122
267-242-8933

Barb Brooks, LMT
Private mobile practice in
Roxborough or
Optimum Health Chiropractic Care
8945 Ridge Ave, Ste 2
Philadelphia, PA 19128
267-761-7056 or
215-508-3291
brookbrb@gmail.com

Lisa Cataldi
Handled with Care
800 Cottman Ave
Philadelphia, PA 19111
215-722-2923

Sharon Edelman, RM, LMT
The Reiki School + Clinic
1500 Chestnut St, Lower Level
Philadelphia, PA 19102
215-238-0659
sharon@thereikischool.com

Venus Jones, LMT
The Wellnest
822 Pine St, Ste 4B
Philadelphia, PA 19107
215-829-0339
info@wellne.st

Andrea Kocerha, LMT
6809 Germantown Ave

Philadelphia, PA 19119
484-764-5056
azimamassage.com

Rosemary Romett, M.Ed., LMT
Southampton, PA 18966 or
Treatments in home or
Handled with Care
800 Cottman Ave
Philadelphia, PA 19111
215-432-5497
215-722-2923
massage2amend@gmail.com

Jacqui Rosenberger, LMT
143 W. Walnut Ln, Rr Bldg, Ste 202
Philadelphia, PA 19144
Jacqui@HerbanSpaMassage.com
215-796-1374

Gilda Smith, LMT, NMT, PDMT
Relax Therapy Spa
7151 Germantown Ave
Philadelphia, PA 19119
215-760-9035
bodytouchmind@gmail.com

Iliia Stranko, LMT
ilia Healing Arts, LLC
255 South 17th St, Ste 2403
(Medical Tower: on 17th between
Spruce & Locust)
Philadelphia, PA 19103
860-538-2927

Reiki

Danica Arizola, RM, LMT
The Salon House
400 South Sydenham St
Philadelphia, PA 19146 or
Back to Life Urban Sanctuary
171 W. Thompson St
Philadelphia, PA 19122
267-242-8933

Sharon Edelman, RM, LMT
The Reiki School + Clinic
1500 Chestnut St, Lower Level
Philadelphia, PA 19102
215-238-0659
sharon@thereikischool.com

Merle Eskowitz, RM-T, CPC, SMC
126 N. State St
Newtown, PA 18940 or
800 Cottman Ave
Philadelphia, PA 19111
215-801-8054
merle.eskowitz@gmail.com

Iliia Stranko, LMT

ilia Healing Arts, LLC
255 South 17th St, Ste 2403
(Medical Tower: on 17th between
Spruce & Locust)
Philadelphia, PA 19103
860-538-2927

Yoga

Katy Hawkins
Classes held in various
locations/private instruction
Philadelphia area
646-325-6482
kathyhawkinsyoga.com

Amanda Hershey RYT 200
Philadelphia, PA 19111
Also serving Chester, Delaware
County
215-280-1193
AmandaHershey@outlook.com
blossomwithme.com

Barbara Levitt, R-RYT 500
Golden Yoga
8855 Germantown Ave
Philadelphia, PA 19118
215-247-3029

Megan Do Nascimento, RYT 200
7026 McCallum St
Philadelphia, PA. 19119
215-906-0532

Professional Counseling

Julia Ferrence, MSW, LCSW
Still Waters Holistic Health
2305 Fairmount Ave
Philadelphia, PA 19130
267-388-1479

Sabitha Pillai-Friedman, Ph.D.,
LCSW, CST
Individual, couples therapist &
AASECT certified sex therapist
255 S 17th St, Ste 1008
Philadelphia, PA 19103
610-324-1095
spillai_friedman@yahoo.com

Erin Hadley, Ph.D.
Licensed Clinical Psychologist
100 S. Broad St, Ste 915
Philadelphia, PA 19110
215-525-0579
Dreinhadley.com

Nancy A. Vanore, MSN, APRN, BC
1845 Walnut Street
Suite 1540, Phila, Pa.
(610) 850-9542

Physician-Referred Exercise Program

Contact info@uniteforher.org
for physician authorization form
for all locations

AFC Fitness
3600 Grant Ave
Philadelphia, PA 19114
215-677-0400
afcfitness.com

The Sporting Club - Bellevue
Ariel Bronstein
224 South Broad St
(Broad and Walnut)
Philadelphia, PA 19102
215-985-9212
sportingclubbellevue.com

Philadelphia Freedom Valley
18 locations
philaymca.org

Delaware

Acupuncture

Don Liu L.OM
Main Line Acupuncture
2 W Lancaster Ave
Ardmore, PA. or
20 Trolley Sq, Ste 20B
Wilmington, DE 19803
610-642-8888
mainlineacu.com

Massage Therapy

**All providers have completed oncology
training approved by UFH**

Kate Foley Alvarez, LMT, RN,
MSCC
507 S Maryland Ave
Wilmington, DE 19804
302-354-5276
Katefoley76@gmail.com

Sue Palmer, LMT
Life Changing Hands Massage
121 Becks Woods Dr, Ste 203
Bear, DE 19701
302-607-1473
lifechanginghandsmassage@gmail.com
in-home New Castle County

Alana Smith, LMT
Integrated Massage & Bodywork
1601 Concord Pike, Ste 68
Wilmington, DE 19803
302-391-4692

Professional Counseling

Raymond McDevitt MSS LCSW
Psychotherapist & Executive Coach
Wilmington, DE 19810
302-650-4471
rmcdevittlcsw@me.com
raymondmcdevitt.com

Additional Services

CSA

Lancaster Farm Fresh Cooperative
48 Eagle Dr
Leola, PA 17540
717-514-3311
lancasterfarmfresh.com

Esthetician/Cosmetologist

Jolene Hart, CHC, AADP
Beauty is Wellness
jolenehart.com

Mandy Sauler
Sauler Institute of Tattooing
(Specializing in 3D nipple tattooing)
484-883-6827
saulerinstitute.com
Locations in Downingtown, Exton,
and Plymouth Meeting

Nutrition

Erin Pellegrin, RD, LDN
epellegrin@uniteforher.org
610-506-1459