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Unite for HER

Wellness Providers

The following providers are in the Unite for HER complementary therapy network. Please consult your physician prior to seeking treatments to verify that you are permitted to receive these therapies. You may contact the providers on this list directly to schedule a consultant, appointment or session. If you have any questions or require further assistance, please contact Tara Klick at tklick@uniteforher.org

Berks County

Massage Therapy

Jessica Schuler, LMT
Integrative Healing Massage
Providing therapy in your home
Will travel to Pottstown, Colledgeville,
Reading/Berks County areas.
Birdsboro, PA
267-663-8130

Reiki

Jessica Schuler, LMT
Integrative Healing Massage
Providing therapy in your home.
Will travel to Pottstown, Colledgeville,
Reading/Berks County areas.
Birdsboro, PA
267-663-8130

Burlington County

Acupuncture

Mary Ann Sciamanna, DO
Marlton Acupuncture Center
525 Route 73S, Ste 301
Marlton, NJ, 08053
856-596-1005
www.marltonacupuncture.com

Massage Therapy

Karen Tennant, LMT
Innate Healing: Therapeutic
Massage & Body Works
45 S Main St
Medford, NJ 08055
609-553-8833
innatehealing.massagetherapy.com
Rosemary Romett, M.Ed., LMT
Massage Therapy in Your Home
215-432-5497
message2amend@gmail.com
amend.amtamembers.com

Reiki

Anna Castro
29 Congress Circle
Medford, NJ 08055
annacastro@yahoo.com
609-721-3009

Bridget Papagno
Reiki Master, Integrated Energy
Therapist and Aroma Therapist
Offices in Blackwood, Pitman and
Mount Laurel
609-230-2297
www.essentiallightworker.com
Bridget@essentiallightworker.com

Physician-Referred Exercise Program

YMCA
Greater Philadelphia
Burlington – Riverfront
Mt. Laurel

Bucks County

Acupuncture

Lisa Ducker, DO
930 Town Center Dr, Ste G10
Langhorne, PA 19047
215-750-8373

ShunWei Wang, L. Ac.
3554 Hulmeville Rd, Unit 101
Bensalem, PA 19020
267-671-7770
2359990375@QQ.com
wangacupunctureus.com

Li Sheng Wang, L. Ac
301 Oxford Valley Rd, Ste 205A
Yardley, PA 19067
215-612-0889

Massage Therapy

Cornerstone Clubs
740 Edison-Furlong Rd
Furlong, PA 18925
215-794-3700
Cornerstoneclubs.com

Monika Ehmann, LMT
Healthy Concepts
3655 Route 202, Ste 130
Doylestown, PA 18902
215-534-4513
www.healthy-concepts.net

Curran Latchford, LMT
1501 Lower State Rd
North Wales, PA 19454
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770 Newtown-Yardley Rd, Ste 214
Newtown, PA 18940
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energytoheal.me

Rosemary Romett, M.Ed., LMT
Massage Therapy in Your Home
215-432-5497
message2amend@gmail.com
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Doylestown, PA 18901
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847 Easton Rd
Warrington, PA 18976
215-918-5950
thespaatcornerstone.com

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Chalfont, PA 18914
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balanced@myabmp.com

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Thespaatcornerstone.com

Yoga

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yogaforyouwithleslie.com

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Warrington, PA 18976
Sharon Perloff
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Cornerstoneclubs.com

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17 Barclay St
Newtown PA 18940
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gencocoaching@outlook.com

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Center for Integrated Health
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Serving Upper Montgomery and
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Kimberly McCollough, LMFT
85 South Main St
Yardley, Pennsylvania 19067
609-788-3018

Physician-Referred Exercise Program

**Contact info@uniteforher.org
for physician authorization form
for all locations**

AFC Fitness
1040 Mill Creek Dr
Feasterville, PA 19053
215-355-2700
Casey Matthiesen
casey@afcfitness.com
afcfitness.com

Cornerstone Clubs
Andrew Jazich
847 Easton Rd
Warrington, PA 18976
215-918-5900
or
322 W. Bridge St.
New Hope, PA 18938
215-862-2200
or
740 Edison-Furlong Rd
Furlong, PA 18925
215-794-3700
Cornerstoneclubs.com

Newtown Athletic Club
120 Pheasant Run
Newtown, PA 18940
215-968-0600
Attn: Melissa or Linda
newtownathletic.com

YMCA
Central Bucks Family
2 locations
cbfymca.org

Camden County

Acupuncture

Dr. Yongshun Bei, L. Ac
1 Mall Drive, Ste 301
Cherry Hill, NJ 08002
646-321-9922
beiacupuncture.com

Dr. Caiping Lin
Oriental Healing
10 W Ormond Ave
Cherry Hill, NJ 08002
856-857-9494
www.orientalhealing.net

Polina Karmazin, MD
Holistic Pain Management and
Integrative Medicine
2301 E. Evesham Rd
Pavilions at Voorhees, Building 800,
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856 528-2258
southjerseyholistic.com

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acupuncture-ohc.com

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Reiki

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Bridget Papagno, Reiki Master,
Integrated Energy Therapist and
Aroma Therapist
Offices in Blackwood, Pitman and
Mount Laurel
609-230-2297
www.essentiallightworker.com
Bridget@essentiallightworker.com

Yoga

Mary Garbiesi, Certified Lyengar
Teacher, CIAT Teacher 1000
Therapeutic Practice Studio,
Haddon Township, NJ
Serving Southern NJ and
surrounding areas
lyengaryogaloft@gmail.com
www.TheYogaLoftCollingswood.com
856-503-7545

Michelle Higgins, RYT-200 HR
South Jersey and Philadelphia,
private lessons
Studio space also available in
Collingswood, NJ 08101
770-598-0863

Erik Marrero, E-RYT-500
Mindful Yoga and Sanskrit, LLC
Washington Township, NJ 08080 or
Trishula Yoga
Collingswood, NJ,
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TrishulaYoga.com
yogainspiredstudio.com

Professional Counseling

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Services Executive Mews:
1930 E Marlton Pike, Ste K57
Cherry Hill, NJ 08003
215-815-8075

Mindful Soul Center for Wellbeing
Women-centered counseling
Michelle Richardson, MSW, LCSW
Nicole Valles, MA, L.Ac, NCC
Janel Morey-Sassano, MSW, LSW
Jessica Houghton, MSW, LCSW
Heather McPaul, MS, L. Ac, NCC
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lauren@serenitytherapycounseling.com
serenitytherapy-counseling.com

Chester County

Acupuncture

Thomas Burgoon, MD
Medical Acupuncture of
Chester County
1217 West Chester Pike
West Chester, PA 19382
610-431-0850
Medicalacupuncturepa.com

Dr. Hui Kang
Paoli Medical & Professional
Commons
250 W. Lancaster Ave, Ste 150
Paoli, PA 19301
610-296-8833

Margaret Stroz, MD
405 N Walnut St
West Chester, PA 19380
610-368-0789
stroz.margaret@gmail.com
strozmdacupuncture.com

Massage Therapy

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Chester County Massage Therapy
828 Paoli Pike
West Chester, PA 19380
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chestercountymassagetherapy.com

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Downingtown, PA 19335 or
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610-883-7288
MHC.MTM@gmail.com

Christopher Deery, LMT
Xerlan Deery, LMT
Phoenixville Massage & Bodywork
1023 Gay St
Phoenixville, PA 19460
610-906-2322
PhoenixvilleMassage.com

Lydia Dorwart, LMT
506 E. Lancaster Ave
Downingtown, PA 19335 or
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West Chester, PA 19382
610-647-7551
hhmassage.com

Sara Fortunato, LMT, CLT, RM
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195 W Lancaster Ave, Ste 3
Paoli, PA 19301
610-695-9913
610-324-6140

Freedom Massage
Molly Malone, LMT
Emily Bruce, LMT
8 Mystic Ln
Malvern, PA 19355
610-644-9003
Info@freedommassage.com

Kathy McCarry, LMT
409 Greenwood Rd
Kennett Square, PA 19348
610-506-9774
kathymassagetechnic@gmail.com

Mara McMullen, LMT
Phoenixville YMCA
400 E Pothouse Rd
Phoenixville, PA 19460
610-933-5861

Optimal Massage
Jeannine Ryder, LMT
Jackie Ruffing, LMT
121 E Gay St
West Chester, PA 19380
610-696-6880
optimalmassage.com

Kerry Ann Peters, LMT, B.S. Edu
265 W Uwchlan Ave
Downingtown, PA 19335
please request appointment via
website or via text to 484-574-1278
kerryannpeters.com

Debra Sanders, LMT
Kneaded Peace Massage Therapy
375 Morgan St
Phoenixville, PA 19460
610-457-9800

Roxanne Velebir, LMT
304 National Rd, Ste 300
Exton, PA 19341
610-420-2573
bodyworkbyroxanne.com

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484-302-6289
backtohealth3@gmail.com

Reiki

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Awaken with Light, Inc
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c 484-252-1150
nancy@awakenwithlight.com

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Sara Fortunato, LMT, CLT, RM
The Integrated Healing Center
195 W Lancaster Ave, Ste 3
Paoli, PA 19301
610-695-9913
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Yoga

Jessica Bertocini RYT
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West Chester, PA 19380
215-300-2707

Kathy DiGiorgio
Verge Yoga
250 W Lancaster Ave #110
Wayne, PA 19087
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info@vergeyogacenter.com

Barbara McAdams RYT200
Serving Southern Chester County
443-350-7158
bmcadams702@gmail.com

Sharlene M. McKinley
Cerca Trova Yoga
839 Sugars Bridge Rd
West Chester, PA 19380
Private sessions in West Chester,
Exton, Downingtown areas
610-203-4141
cercatrovayoga@verizon.net

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604 Dorham Ct
West Chester, PA 19382
215-287-2544
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Chester Springs, PA
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120 N Church St, 2 Fl
West Chester, PA 19380
610-331-3578
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West Chester, PA 19380
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Alison Donley, E-RYT 500 w/Yoga
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Amanda Hershey RYT 200
From Philadelphia, PA 19111
Serving Chester, Delaware & Phila
215-280-1193

AmandaHershey@outlook.com
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727 Isaac Taylor Dr
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Downingtown, PA 19335
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Peggy Nalevanko, E-RYT225, 500
Wayne, PA 19087
Servicing the Wayne, Radnor,
Malvern, Frazer, West Chester,
Phoenixville areas
610-722-5659

Dee Person, E-RYT 500, PFT, AHP,
& Meditation Instructor
484-888-3725
studiodeewellness.com

Sherry G Rubin, E-RYT-200
50 W Welsh Pool Rd, #4
Exton, PA 19341
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512-282-9473
Mobile practice in Chester and
Delaware County
jenny@mamawise.com
mamawise.com

Professional Counseling

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Emilee Duckworth, MSW, LSW
Patti Guyre, MSW, LSW
Lara Krawchuk, MSW, LCSW, MPH
Terry Sturmer, MSW, LSW
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610-873-0815
Sherrygrubin@gmail.com

Physician-Referred Exercise Program

**Contact info@uniteforher.org
for physician authorization form
for all locations**

ACAC Fitness and Wellness
Centers
1130 McDermott Dr
West Chester, PA 19380
610-431-7000 or
699 Rice Blvd
Exton, PA 19341
610-425-3188
acac.com

YMCA
Greater Brandywine – 8 locations
Ymcagbw.org

Cumberland County

Reiki

Mary Lorito, RN, BS, Reiki Master
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609-364-1356
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Don Liu L.OM
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King of Prussia, PA 19406
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ronda.crarylmt@gmail.com
healingpointonline.com
available in PA, in-home in DE
County only.
Specializes in lymphatic massage

Linda Dieffenbach, BSW,
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860 N Swedesford Rd
Wayne PA 19087
484-354-0499
wellnessinharmony.com

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Serenity_studio@icloud.com

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Rinakenney@Yahoo.com

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Wayne, PA 19087
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ahealingconnection.com

Yoga

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joydozor@aol.com

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From Philadelphia, PA 19111
Serving Chester, Delaware
and Philadelphia County
215-280-1193
AmandaHershey@outlook.com
BlossomwithMe.com

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Cerca Trova Yoga
Private sessions in the Haverford
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Tellie Ruffin, LCSW
Jennifer Costello-Siri, LCSW
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Upland, PA 19013
610-874-5257

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63 W Lancaster Ave, Ste 2
Ardmore, PA 19003
610-314-7996
wellbeing.ardmore@gmail.com
well-beingcenterllp.com

Physician-Referred Exercise Program

**Contact info@uniteforher.org
for physician authorization form
for all locations**

Healthplex Sports Club
Barb Isaacs
194 W Sproul Rd
Springfield, PA 19064
610-938-2555
Barb.isaacs@crozer.org
crozerkeystone.org/Healthplex

Main Line Health Fitness & Wellness
Rachel Harper
1020 Baltimore Pike Ste 150
Glen Mills, PA 19342
484-227-7903
Rachelh@fitnessandwellness.org

YMCA
Greater Philadelphia
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philaymca.org

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Eastern Delaware County
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Cyedc.org

Gloucester County

Reiki

Bridget Papagno
Reiki Master, Integrated Energy
Therapist
Offices Blackwood, Pitman and
Mount Laurel
609-230-2297
www.essentiallightworker.com
Bridget@essentiallightworker.com

Physician-Referred Exercise Program

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405 Hurffville-Crosskeys Rd
Sewell, NJ 08080
856.582.2180

Lackawanna County

Massage Therapy

Sherrie Petrowski-McDade, LMT
739 E Drinker St, Unit 203
Dunmore, PA 18512
570-905-6967
QualityofLifeLMT@yahoo.com
Private Practice & Mobile Therapy
available

Mercer County

Acupuncture

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Princeton, NJ 08540
609-520-0088
princetonmedicalacupuncture.com

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Yoga

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Physician-Referred Exercise Program

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JKR Branch
1315 Whitehorse-Mercerville Road
Hamilton, NJ 08619

PEAC Health & Fitness
Doug Steinly, General Manager
1440 Lower Ferry Rd
Ewing, NJ 08618
O 609- 883-2000
C 215- 801-7777

Princeton Family YMCA
Bobby Dobra
Director of Membership & Healthy
Living
59 Paul Robeson Pl
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F 609 497 9031
princetonymca.org

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Montgomery County

Acupuncture

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healingpointonline.com
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Melissa D. Fell, LMT
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7237 Hollywood Rd, Ste 1
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215-206-5074
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BodyBenefits.org

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Yoga

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Mobile massage/yoga services

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Harleysville, PA 19430
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www.dianekistleryogatherapy.com

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LoveOfParks@Gmail.com

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In-Home yoga in the Ambler, Fort
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**Contact info@uniteforher.org
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for all locations**

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mbeter@aquahab.com
afcfitness.com

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Jenkintown, PA 19046
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The Sporting Club Main Line
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2 locations
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Philadelphia County

Acupuncture

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Philadelphia, PA 19146 or
Back to Life Urban Sanctuary
171 W. Thompson St
Philadelphia, PA 19122
267-242-8933

Barb Brooks, LMT
Private mobile practice in
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Optimum Health Chiropractic Care
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Rosemary Romett, M.Ed, LMT
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Spruce & Locust)
Philadelphia, PA 19103
860-538-2927

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Yoga

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**for physician authorization form
for all locations**

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3600 Grant Ave
Philadelphia, PA 19114
215-677-0400
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The Sporting Club - Bellevue
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224 S Broad St
(Broad and Walnut)
Philadelphia, PA 19102
215-985-9212
sportingclubbellevue.com

YMCA
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Delaware

Acupuncture

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