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Unite for HER Wellness Providers

The following providers are in the Unite for HER complementary therapy network. Please consult your physician prior to seeking treatments to verify that you are permitted to receive these therapies. You may contact the providers on this list directly to schedule a consultant, appointment or session. If you have any questions or require further assistance, please contact Tara Klick at tklick@uniteforher.org

Berks County

Massage Therapy

Jessica Schuler, LMT
Integrative Healing Massage
Providing therapy in your home
Will travel to Pottstown, Collegeville,
Reading/Berks County areas.
Birdsboro, PA
267-663-8130

Reiki

Jessica Schuler, LMT
Integrative Healing Massage
Providing therapy in your home.
Will travel to Pottstown, Collegeville,
Reading/Berks County areas.
Birdsboro, PA
267-663-8130

Yoga

Sarita-Linda Rocco, CSYT500,
SA, E-RYT® 500, YACEP®
102 South 6th Ave
West Reading, PA 19611
610-763-1755
saritalindarocco@gmail.com
www.saritalindarocco.com

Professional Counseling

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641 Penn Avenue Rear
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610-463-6005
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www.jgroebeltherapy.com

Giannina Reyes, LPC
Life Growth Marriage & Family
Center
5 S. Centre Ave Ste 200
Leesport, PA 19533
610-406-1004
lifegrowthcenter@hotmail.com

Jill D Snively MDiv, MS, LPC
Jill D Snively Counseling LLC
2650 Westview Dr, Suite J
Wyomissing, PA 19610
610-334-5595
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www.InnerPerspectiveCounseling.com

Burlington County

Acupuncture

Mary Ann Sciamanna, DO
Marlton Acupuncture Center
525 Route 73S, Ste 301
Marlton, NJ, 08053
856-596-1005
www.marltonacupuncture.com

Massage Therapy

Karen Tennant, LMT
Innate Healing: Therapeutic
Massage & Body Works
45 S Main St
Medford, NJ 08055
609-553-8833
innatehealing.massagetherapy.com

Rosemary Romett, M.Ed., LMT
Massage Therapy in Your Home
215-432-5497
massage2amend@gmail.com
amend.amtamembers.com

Reiki

Anna S. Castro
Reiki Master
Offices in Vincentown and
Cinnaminson
AnnaSCastro@gmail.com
609-721-3009

Bridget Papagno
Reiki Master, Integrated Energy
Therapist and Aroma Therapist
Offices in Blackwood, Pitman and
Mount Laurel
609-230-2297
www.essentiallightworker.com
Bridget@essentiallightworker.com

Physician-Referred Exercise Program

YMCA
Greater Philadelphia
Burlington – Riverfront
Mt. Laurel

Bucks County

Acupuncture

Lisa Ducker, DO
930 Town Center Dr, Ste G10
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215-750-8373

Danny Khounh, L.POM, MSOM,
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215-794-3700
Cornerstoneclubs.com

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Manual Lymphatic Drainage
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message2amend@gmail.com
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Mindful Metta Massage
Joan Rosetsky L.M.T., C.L.T
Oncology Massage/Mastectomy
Massage
65B West State Street
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yogaforyouwithleslie.com

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267-574-5309

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Harleysville, PA 19430
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Yoga for Cancer trained and
certified.
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joanrose108@gmail.com
www.mindfulmettamassage.com
215-284-7099

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Yardley, Pennsylvania 19067
609-788-3018

Physician-Referred Exercise Program

**Contact info@uniteforher.org
for physician authorization form
for all locations**

AFC Fitness
1040 Mill Creek Dr
Feasterville, PA 19053
215-355-2700
Casey Matthiesen
casey@afcfitness.com
afcfitness.com

Cornerstone Clubs
Andrew Zajich
847 Easton Rd
Warrington, PA 18976
215-918-5900
or
322 W. Bridge St.
New Hope, PA 18938
215-862-2200
or
740 Edison-Furlong Rd
Furlong, PA 18925
215-794-3700
Cornerstoneclubs.com

Newtown Athletic Club
120 Pheasant Run
Newtown, PA 18940
215-968-0600
Attn: Melissa or Linda
newtownathletic.com

YMCA
Central Bucks Family
2 locations
cbfymca.org

Camden County

Acupuncture

Dr. Yongshun Bei, L. Ac
1 Mall Drive, Ste 301
Cherry Hill, NJ 08002
646-321-9922
beiacupuncture.com

Dr. Caiping Lin
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10 W Ormond Ave
Cherry Hill, NJ 08002
856-857-9494
www.orientalhealing.net

Polina Karmazin, MD
Holistic Pain Management and
Integrative Medicine
2301 E. Evesham Rd
Pavilions at Voorhees, Building 800,
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856 528-2258
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Integrated Energy Therapist and
Aroma Therapist
Offices in Blackwood, Pitman and
Mount Laurel
609-230-2297
www.essentiallightworker.com
Bridget@essentiallightworker.com

Yoga

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Therapeutic Practice Studio,
Haddon Township, NJ
Serving Southern NJ and
surrounding areas
lyengaryogaloft@gmail.com
www.TheYogaLoftCollingswood.com
856-503-7545

Michelle Higgins, RYT-200 HR
South Jersey and Philadelphia,
private lessons
Studio space also available in
Collingswood, NJ 08101
770-598-0863

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968 Rte 73 S Marlton, NJ 08053
856-574-4433
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856-582-5717
ejmarrero@comcast.net
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yogainspiredstudio.com

Anita Romero, RYT-200
Vinyasa Yoga private & group
classes or
817 Haddon Ave
Collingswood, NJ 08108
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anitaromyoga@gmail.com
Yogawood.com
YogaTreeriverton.com

Professional Counseling

Nancy Simmons, MSCC, LMFT
Connect Our Hearts Counseling
Services Executive Mews:
1930 E Marlton Pike, Ste K57
Cherry Hill, NJ 08003
215-815-8075

Mindful Soul Center for Wellbeing
Women-centered counseling
Michelle Richardson, MSW, LCSW
Nicole Valles, MA, L.Ac, NCC
Janel Morey-Sassano, MSW, LSW
Jessica Houghton, MSW, LCSW
Heather McPaul, MS, L. Ac, NCC
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215 Fries Mill Rd
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lauren@serenitytherapycounseling.com
serenitytherapy-counseling.com

Chester County

Acupuncture

Thomas Burgoon, MD
Medical Acupuncture of
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1217 West Chester Pike
West Chester, PA 19382
610-431-0850
Medicalacupuncturepa.com

Dr. Hui Kang
Paoli Medical & Professional
Commons
250 W. Lancaster Ave, Ste 150
Paoli, PA 19301
610-296-8833

Jacqueline Lacava, L.OM
Dr. Kalpana Patankar advising
physician
Traditional Acupuncture Plus
1288 Valley Forge Rd (Route 23)
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Phoenixville, PA 19460
610-935-4434
www.GreatWelcome.com

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strozmdacupuncture.com

Massage Therapy

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Xerlan Deery, LMT
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1023 Gay St
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PhoenixvilleMassage.com

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1127 West Chester Pike
West Chester, PA 19382
610-647-7551
hmmassage.com

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The Integrated Healing Center
195 W Lancaster Ave, Ste 3
Paoli, PA 19301
610-695-9913
610-324-6140

Freedom Massage
Emily Bruce, LMT
Jennifer Kassab, LMT
Molly Malone, LMT
8 Mystic Ln
Malvern, PA 19355
610-644-9003
Info@freedommassage.com

Kathy McCarry, LMT
409 Greenwood Rd
Kennett Square, PA 19348
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kathymassagetechn@gmail.com

Mara McMullen, LMT
Phoenixville YMCA
400 E Pothouse Rd
Phoenixville, PA 19460
610-933-5861

Optimal Massage
Jeannine Ryder, LMT
Jackie Ruffing, LMT
121 E Gay St
West Chester, PA 19380
610-696-6880
optimalmassage.com

Kerry Ann Peters, LMT, B.S. Edu
265 W Uwchlan Ave
Downingtown, PA 19335
please request appointment via
website or via text to 484-574-1278
kerryannpeters.com

Debra Sanders, LMT
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375 Morgan St
Phoenixville, PA 19460
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610-420-2573
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Phoenixville, PA 19460
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Reiki

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h-610-876-1048
c 484-252-1150
nancy@awakenwithlight.com

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Paoli, PA 19301
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215-300-2707

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Private sessions in West Chester,
Exton, Downingtown areas
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Peggy Nalevanko, E-RYT225, 500
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Servicing the Wayne, Radnor,
Malvern, Frazer, West Chester,
Phoenixville areas
610-722-5659

Dee Person, E-RYT 500, PFT, AHP,
& Meditation Instructor
484-888-3725
studiodeewellness.com

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Physician-Referred Exercise Program

Contact info@uniteforher.org
for physician authorization form
for all locations

ACAC Fitness and Wellness
Centers
1130 McDermott Dr
West Chester, PA 19380
610-431-7000 or
699 Rice Blvd
Exton, PA 19341
610-425-3188
acac.com

YMCA
Greater Brandywine – 8 locations
Ymcagbw.org

Cumberland County

Reiki

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website or via text to 484-574-1278
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healingpointonline.com
available in PA, in-home in DE
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484-354-0499
wellnessinharmony.com

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Tellie Ruffin, LCSW
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610-874-5257

Well-Being Center LLP
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610-314-7996
wellbeing.ardmore@gmail.com
well-beingcenterllp.com

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for all locations**

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Barb Isaacs
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610-938-2555
Barb.isaacs@crozer.org
crozerkeystone.org/Healthplex

Main Line Health Fitness & Wellness
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484-227-7903
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Bridget@essentiallightworker.com

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856.582.2180

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AchieveBalance4U
Kathy Miller LMT, CLT, CMMT,
CNHP
Cert Lymphedema Specialist
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PEAC Health & Fitness
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C 215- 801-7777

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Director of Membership & Healthy
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LoveOfParks@Gmail.com

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Sharon Perloff, RTY
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afcfitness.com

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Jenkintown, PA 19046
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Rosemary Romett, M.Ed, LMT
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Yoga

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