

## UFH/YMCA of Delaware Physician Referral Authorization

Patient is cleared for unsupervised exercise. If there are any precautions/special conditions, please list them here:

---

---

---

### Patient Information:

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Date of Birth: \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

### Medical Provider Information:

Name (print): \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Phone: \_\_\_\_\_

### Offer includes YMCA 6-month individual membership.

- Please select a YMCA location on the participating branch list that is most convenient for you.
- Be sure to mention you are a Unite for HER participant and bring identification to your first visit.
- You must use the facility at least four times a month in order to keep the membership active.

**Please bring this completed form to your first YMCA visit in order to begin your membership.**

---

### For YMCA Staff Use

- Sell as Invoice Annual
- Apply Unite for HER discount code
- Terminate membership at the end of the month, 6 months in the future. Reason, Loss of Eligibility.



## YMCA of Delaware Locations

### **Bear-Glasgow Family YMCA**

351 George Williams Way Newark, DE 19702

Phone: (302) 836-9622

### **Brandywine YMCA**

3 Mount Lebanon Road Wilmington, DE 19803

Phone: (302) 478-9622

### **Central YMCA**

501 West Eleventh Street Wilmington, DE 19801

Phone: (302) 254-9622

### **Dover YMCA**

1137 South State Street, Dover, DE 19901

Phone: (302) 346-9622

### **Middletown YMCA**

404 N. Cass Street, Middletown, DE 19709

Phone: (302) 616-9622

### **Sussex Family YMCA**

20080 Church Street, Rehoboth Beach, DE 19971

Phone: (302) 296-9622

### **Western Family YMCA**

2600 Kirkwood Highway, Newark, DE 19711

Phone: (302) 709-9622

### **Walnut Street YMCA**

1000 North Walnut Street, Wilmington, DE 19801

Phone: (302) 472-9622