



w | uniteforher.org
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127 E Chestnut Street
West Chester, PA 19380

UFH/Katz JCC Fitness Physician Referral Authorization

Patient is cleared for unsupervised exercise. If there are any precautions/special conditions, please list them here:

Patient Information:

Name: -----

Phone: -----

Date of Birth: ----- / ----- / -----

Medical Provider Information:

Name (print): -----

Signature: -----

Date: -----

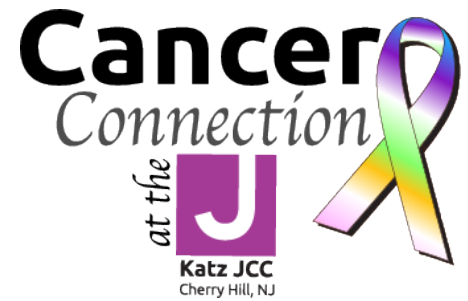
Phone: -----

Offer includes 6-month individual membership. Be sure to mention you are a Unite for HER participant and bring identification and voucher to your first visit. You must use the facility four times per month in order to keep the membership active. If you have questions regarding this program, please contact Unite for HER at info@uniteforher.org.

Please bring this completed form to your first visit in order to begin your membership.



Katz JCC Wellness Provider Information



The Katz JCC Fitness & Wellness Facility is dedicated to providing the highest quality fitness programs and services for everybody. Our facility includes indoor and outdoor pools, a fitness center with free weights, circuit and cardio equipment, cycling, yoga, two group wellness studios, a small group training studio, indoor walking/running track, two full regulation size basketball gyms, outdoor tennis courts. Over 100 group fitness and wellness classes are offered weekly including yoga, Zumba, Pilates, spin, water aerobics, Tabata Bootcamp, core barre and Bodypump.

The Katz JCC is proud to be home to the Richard M. Klein Center for Wellness, a state-of-the-art multipurpose facility utilized for a variety of programs and events with a focus on wellness of the mind, body and spirit. Offerings include group wellness classes such as yoga, tai chi, meditation, Parkinson's programming, weight loss programs, wellness lectures, educational seminars, nutrition counseling and cancer recovery training.

At the Katz JCC, we don't just want you to survive cancer...we want you to thrive as you move forward. The Richard M. Klein Center for Wellness offers small group personalized training specifically catered to you and your journey to recovery every step of the way. Work with one of our certified exercise cancer specialists and learn how to succeed through the progression of specific training that focuses on improving functional capacity, improved joint range of motion, minimizing fatigue and preventing illness.

CONTACT INFORMATION FOR INITIATING MEMBERSHIP:

Contact Name: Amanda Halliwell, Membership Director

Email: ahalliwell@jfedsnj.org

Phone: 856.424.4444 x1277

Address: Katz JCC, 1301 Springdale Road, Cherry Hill, NJ 08003

Website: <https://katzjcc.org/>

CONTACT INFO FOR ONBOARDING INTO CANCER CONNECTION PROGRAM:

Contact Name: Jayne Miller-Morgan, Wellness Director

Email: jmorgan@jfedsnj.org

Phone: 856.424.4444 x1140

Address: Katz JCC, 1301 Springdale Road, Cherry Hill, NJ 08003

Website: <https://katzjcc.org/>