



**Directory of Virtually Accessible
Wellness Provider Complementary Therapies**

Berks County

Reiki

Rev. Deborah Mitchell
Interspiritual Minister, Reiki Master
Guided Transitions, LLC.
Berkshire Plaza
529 Reading Ave Suite I-2
West Reading, PA 19611
(610)207-0789
deborah@guidedtransitionsllc.com

Professional Counseling

Elon Gruber, LMFT
The Counseling and Wellness Center of Wyomissing
560 Van Reed Road, Suite 206
Wyomissing, PA 19610
610-570-1133
TheCounselingAndWellnessCenterOfWyo.com
Elon@TheCounselingAndWellnessCenterOfWyo.com

Bucks County

Reiki

Jean Rockefeller, Reiki Master
Healing Your Way
258 South State Street, Newtown, PA 18940
In-home services available
thegaiacconnection.com | 215-932-5959

Tijen Genco, E-RYT 200
Newtown Yoga
17 Barclay St, Newtown PA 18940
267-391-7991 | gencocoaching@outlook.com

Valarie & Ian Haag
Rainbows of Healing
123 W Maple Ave, Langhorne, PA 19047
267-840-8003 | val@rainbowsofhealing.com

Professional Counseling

Joanne Adar, MSS, LCSW, HSV
16 N Franklin St, Ste 306, Doylestown PA 18901
215-694-6932 | jadar.lcsw@gmail.com

Pamela J. Ginsberg, Ph.D.
400 Farm Ln, Doylestown, PA 18901
215-340-0608 | dr.pam@pginsbergphd.com

Laura E. Simonelli, Ph.D.
Director & Licensed Psychologist
Premier Health Psychology, LLC
173 Main St., Harleysville, PA 19438
267- 890-7233 | lesimonelliphd@gmail.com

Burlington County

Reiki

Anna S. Castro, Reiki Master
Offices in Vincentown and Cinnaminson
AnnaSCastro@gmail.com | 609-721-3009

Bridget Papagno, Reiki Master, Integrated Energy
Therapist and Aroma Therapist
Offices in Blackwood, Pitman and Mount Laurel
609-230-2297 | www.essentiallightworker.com
Bridget@essentiallightworker.com

Professional Counseling

Mindful Soul Center for Wellbeing
Women-centered counseling
Jennifer Comer, MA, LPC
Amanda Leone, MSW, LSW
Ji Lim, MEd, MPhil, LPC
32 S. Main Street, Medford, NJ 08055
856-617-4544 | info@mindfulsoulwellbeing.com

Camden County

Reiki

Sharon Edelman, RM, LMT
Crescent Moon Wellness
601 White Horse Pike (Rt.30),
Haddon Township, NJ 08107
stillwaterswellnessllc@gmail.com | 609-320-2654

Bridget Papagno, Reiki Master, Integrated Energy
Therapist and Aroma Therapist
Offices in Blackwood, Pitman and Mount Laurel
609-230-2297 | Bridget@essentiallylightworker.com
www.essentiallylightworker.com

Judith A Dingler, Reiki Master.
69 S. Blackhorse Pike, Blackwood NJ 08012
yourguidetoserenity.com | 856-236-6059
In home in Tri-state area

Professional Counseling

Mindful Soul Center for Wellbeing
Women-centered counseling
Michelle Richardson, MSW, LCSW
Nicole Valles, MA, L.Ac, NCC
Janel Morey-Sassano, MSW, LSW
Jessica Houghton, MSW, LCSW
Heather McPaul, MS, L. Ac, NCC
Joanna Dougherty, MSS, LCSW
SarahTemel MS Ed, LAC
Lara Farrokh, MSW, LCSW
739 S White Horse Pike, Ste 10, Audubon, NJ 08106
Or
Julia Ott, MS, LPC
915 Haddon Ave, Collingswood, NJ 08108
856-617-4544 | info@mindfulsoulwellbeing.com

Lauren Pluchino, MSW, LCSW
Serenity Therapy & Counseling, LLC
215 Fries Mill Rd, Turnersville, NJ 08012
856-442-9355 | serenitytherapy-counseling.com
lauren@serenitytherapycounseling.com

Chester County

Reiki

Nancy Boudrie
Reiki and Mindfulness
Awaken with Light, Inc
525 E Gay St, West Chester, PA 19380
h-610-876-1048 | c 484-252-1150
nancy@awakenwithlight.com

Margaret (Maggie) Christy, LMT
Downingtown, PA 19335 or West Chester
610-883-7288 | MHC.MTM@gmail.com

Eileen S. Curry, Reiki Master, MSN, RN, CCRN
Fundamental Balance
511 Foxwood Ln, Paoli, PA 19301
610-647-6157

Professional Counseling

Healing Concepts, LLC | 610-209-3111
Emilee Duckworth, MSW, LSW
Patti Guyre, MSW, LSW
Lara Krawchuk, MSW, LCSW, MPH
Terry Sturmer, MSW, LSW
535 N Church Ste 115, West Chester, PA 19382
or 415 McFarlan Rd, Ste 112D, Kenneth Square, PA
19348

Sherry G Rubin, LCSW
50 W Welsh Pool Rd, #4, Exton, PA 19341
610-873-0815 | Sherrygrubin@gmail.com

Cyndie Westrich, M.A., A.T.R.-BC, LPC
Licensed Professional Counselor
C.R.E.A.T.E. in Greater Philadelphia, Inc.
Counseling Resources & Expressive Art Therapy for
Empowerment
412 E. King Street, Malvern PA 19355
610-329-1684 | www.createarttherapy.com

Growth Minded Counseling
Cara Dixon, LPC, NCC, Licensed Professional
Counselor, Nationally Board Certified
Caitlin Brady, LSW, RYT, CEDS, Licensed Social
Worker, Registered Yoga Teacher, Certified Eating
Specialist
Ashley Adams, LSW, Licensed Social Worker,
Behavioral Health Clinician at Paoli Hospital
Main Office: 127 East Chestnut Street, West Chester
PA 19380
484-887-8385 | admin@growthmindedco.com
www.growthmindedco.com

Cumberland County NJ

Reiki

Mary Lorito, RN, BS, Reiki Master
Certified Medical Reiki Master Practitioner
Caring Hands Open Hearts, LLC
Vineland, NJ
856-696-8078 | 609-364-1356
marylorito@gmail.com

Cumberland County PA

Reiki

Alanna Berger, HTCP, QM, CCA
Heart & Soul Guided Self-Healing
3202 Shultz Place, Mechanicsburg, PA 17055
Also available in Dauphin, Lancaster & York Counties
717-669-7548 | alanna@hsgsh.com | www.hsgsh.com

Delaware County

Reiki

Ronda Crary, MS, LMT, CMLDT
215 W Church Rd, #112, King of Prussia, PA 19406
302-229-2494 | ronda.crarylmt@gmail.com
healingpointonline.com
Specializes in lymphatic massage

Linda Dieffenbach, BSW,
Wellness in Harmony, LLC
860 N Swedesford Rd, Wayne PA 19087
484-354-0499 | wellnessinharmony.com

Rina Kenney
Springfield, PA 19064 or
110 N Essex Ave, Narberth, PA 19072
610-505-4648 | Rinakenney@Yahoo.com

Roberta MacLean, LMT
The Healing Connection
623 W Lancaster Ave, Wayne, PA 19087
610-688-3315 | ahealingconnection.com

Professional Counseling

Crozer Keystone Health System
Enid Peura, LCSW
Colleen Cullen-Swayze, LCSW
Tellie Ruffin, LCSW
Jennifer Costello-Siri, LCSW
One Medical Center Blvd, POB1, Ste 407
Upland, PA 19013
610-874-5257

Gloucester County

Reiki

Mary Lorito, RN, BS, Reiki Master
Certified Medical Reiki Master
Caring Hands Open Hearts, LLC
Vineland, NJ
856-696-8078 or 609-364-1356
marylorito@gmail.com

Bridget Papagno
Reiki Master, Integrated Energy Therapist
Offices Blackwood, Pitman and Mount Laurel
609-230-2297 | Bridget@essentiallightworker.com
www.essentiallightworker.com

Lehigh County

Reiki

Indra Price LMT, CLT
Unwind Massage and Integrative Therapies
Lehigh Valley, Pa
Unwindwithindra.com
Unwindwithindra@gmail.com | (610)739-9633

Luzerne County

Reiki

Marah Young, MS
Balance Yoga & Wellness
900 Rutter Ave
Forty-Fort, PA 18704
570-714-2777
Marahyoungholistics@gmail.com

Mercer County

Professional Counseling

Maggie Furniss, Ed.S., LPC, NCC, BCC
20 Nassau Street, Suite 206, Princeton, NJ 08542
(848)228-1568 | bravenewdaycounseling.com
Maggie@bravenewdaycounseling.com

Montgomery County

Reiki

Pamela Aloia
Collegeville, PA 19426
484-919-0348 | lookinside@solangel.com
solangel.com

Yvonne Fisher, LMT, CMT
237 Hollywood Rd, Ste 1,
Fort Washington, PA 19034
215-206-5074 | InsightBodyTherapies.com

Joanne Freedman, LMT, CRM
Body Benefits | BodyBenefits.org
Therapeutic Massage/Reiki Master
Bala Cynwyd, PA 19004
610-668-2662 | relief@bodybenefits.org

Patricia Lachman, Reiki Master
Fundamental Balance
Collegeville, PA
610-209-6632 | pattylachman@gmail.com

Jody Smith Long
505 Old York Rd, Ste LO6, Jenkintown, PA 19046
215-512-3636 | Jody43s21@gmail.com

Professional Counseling

Totum Counseling and Consulting Services LLC
Katheryn Brauckmann, LCSW
Ashley Thompson, LCSW
601 South Henderson Road, Suite 203
King of Prussia, PA 19406
610-992-0303 | totumcounseling.com

Cathy Nobil-Dutton, MSW, LCSW
Body Esteem
749 Argyle Rd, Glenside, PA 19038
o-215-887-3707 | c-215-317-2416
catnd749@comcast.net | BodyEsteem.org

Sarah Murphy
1062 E. Lancaster Ave. Ste 13A,
Bryn Mawr, PA 19010
610-212-9144 | murphysarah01@gmail.com

Sue Ryan, Psy. D
555 Second Ave, Bldg H, First Floor
Collegeville, PA 19426
610-306-4774 | drsusanryan@hotmail.com

Laura E. Simonelli, Ph.D.
Director & Licensed Psychologist
Premier Health Psychology, LLC
173 Main St., Harleysville, PA 19438
267- 890-7233 | lesimonelliphd@gmail.com

Nancy A. Vanore, MSN, APRN, BC
1084 Lancaster Ave, Ste 301, Bryn Mawr, PA 19010
610-850-9542

Philadelphia County

Reiki

Danica Arizola, RM, LMT
A Love Thing Healing Arts
519 S. 9th Street, Philadelphia, PA 19147
267-520-0558 | danica@alovethinghealingarts.com

Amanda Hershey, Reiki Master
From Philadelphia, PA 19111
Serving Chester, Delaware & Phila
215-280-1193 | AmandaHershey@outlook.com
BlossomwithMe.com

Sharon Edelman, RM, LMT
Medical Tower Building
255 S.17th Street, Suite 1408, Philadelphia, PA 19103
609-320-2654 | stillwaterswellnessllc@gmail.com

Professional Counseling

Sabitha Pillai-Friedman, Ph.D., LCSW, CST
Individual, couple's therapist &
AASECT certified sex therapist
255 S 17th St, Ste 1608, Philadelphia, PA 19146
215-310-5850 | rittenhouserelationship@gmail.com
www.rittenhouserelationshiptherapy.com

Nancy A. Vanore, MSN, APRN, BC
1845 Walnut St, Ste 1540, Phila, PA 19103
610-850-9542

Delaware

Professional Counseling

Healing Concepts, LLC | 610-209-3111
Emilee Duckworth
Patti Guyre, MSW, LSW
Lara Krawchuk, MSW, LCSW, MPH
Terry Sturmer, MSW, LSW
415 McFarlan Rd, Ste 112D,
Kennet Square, PA 19348

Additional Services

CSA

Lancaster Farm Fresh Cooperative
201 Running Pump Rd, Lancaster, PA 17603
717-656-3533 | lancasterfarmfresh.com

To use your passport for 8 weeks of shares, contact
Michele DiCristofaro
mdicristofaro@uniteforher.org | 484-684-0114

NutritionShopping/Cooking option

Erin Pellegrin, RD, LDN
epellegrin@uniteforher.org | 610-506-1459