



w | uniteforher.org
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127 E Chestnut Street
West Chester, PA 19380

Main Line Health Fitness and Wellness Center Physician Referral Authorization

Patient is cleared for unsupervised exercise. (Please check box if accurate.)
Precautions/limitations/special conditions we should be aware of:

Patient Information:

Name: -----
Phone: -----
Date of Birth: -----/-----/-----

I authorize Main Line Health Fitness & Wellness Center to share monthly scan reports with Unite for HER in order to remain eligible for UFH funding. Initial here to acknowledge: ____

Physician/Medical Provider Information:

Name (print): -----
Signature: -----
Date: ----- Phone: -----

At Main Line Health Fitness & Wellness Center each member receives two wellness consultations every 6-8 weeks with one of our personal trainers. This helps you navigate all areas of the club and supports you through your wellness journey. These consultations are at no additional cost to you.

Offer includes 6-month individual membership. Be sure to mention you are a Unite for HER participant and bring identification and voucher to your first visit. You must use the facility four times per month in order to keep the membership active. If you have questions regarding this program, please contact unite for HER at info@uniteforher.org.

Please bring this completed form to your first visit in order to begin your membership.



Fitness & Wellness Center

1020 Baltimore Pike, Suite #150
Glen Mills, PA 19342
484-227-7903.

Dear Participant:

The Main Line Fitness and Wellness Center is looking forward to having you join our family! Each Unite for HER participant will receive a six-month individual membership.

We will provide each new member with a wellness consultation with one of our trainers to help you navigate all areas of the club and to help connect you and be there to support you through your wellness journey. This consultation is at no additional cost to you.

Please contact me if you have any questions about getting started. Hope to see you soon!

Sincerely,

Ashley Lion Brandt