

| Date | Sess | Gym | Level | Open Stretch | March In | Est Awards | Gyms |
|----------|------|-----|-------|--------------|----------|------------|---|
| FRI 2/18 | FA1 | A | 8 | 8:30am | 8:55am | 12:30pm | 92Y, All Stars, Bright Stars, Central Bucks, Dynamite, Go for the Gold, Gym Quest, GymO, Hotshots, Kendrick, LTD, Madison, Precision NJ, Precision PA, Somerton, Ultimate PA |
| FRI 2/18 | FA2 | A | 8 | 12:30pm | 12:50pm | 4:30pm | AJS Pancott, Anchor, Apollo, ChesCo, Columbia, Dynamats, Force, Gold Medal, Head Over Heels, Hershey, Infinity, Paragon, Paramount, Pittsburgh, Rock, Silvia's |
| FRI 2/18 | FA3 | A | 8 | 4:30pm | 4:50pm | 8:30pm | ACPR, APEX, Aerials CT, Chantilly, Docksidiers, Gym-Nest, Harford, Lakettes, Sunburst, Thrive, Ultimate SC, Upper Merion, Willow Grove |
| FRI 2/18 | FB1 | B | 3 | 9:00am | 9:25am | 12:35pm | ACPR, Central Bucks, ChesCo, Dynamite, Gotham, Gym-Nest, Hope, Northeast, Power and Grace, Rock, Silvia's, Sportsplex |
| FRI 2/18 | FB2 | B | 3 | 12:45pm | 1:10pm | 4:15pm | AJS Pancott, Anchor, Bright Stars, Columbia, Head Over Heels, Kaiserman, Kendrick, Lakettes, Philadelphia Gymnastics, Paragon, Ultimate PA |
| FRI 2/18 | FB3 | B | 3 | 4:30pm | 4:55pm | 8:00pm | 92Y, Bright Raven, Coppermine, Dynamats, Envision, Flips, Gym Quest, Infinity, Jersey All Stars, LTD, Philly InMovement, Precision NJ, Precision PA, TNT MD, Upper Merion |
| FRI 2/18 | FC1 | C | XP | 8:00am | 8:25am | 11:30am | ACPR, ChesCo, Columbia, Dynamite, Paragon, Paramount, Phoenixville, Precision PA, Rock, Silvia's, Somerton, Thrive |
| FRI 2/18 | FC2 | C | XP | 11:45am | 12:10pm | 3:30pm | Anchor, Bright Stars, Coppermine, Dynamats, First State, Force, gymtIME, Hershey, Infinity, Kendrick, LTD, Madison, SOMERSault Jungle |
| FRI 2/18 | FC3 | C | XP | 3:45pm | 4:10pm | 7:30pm | 92Y, Action, Aerials CT, AJS Pancott, All Around, Beach Bounders, Central Bucks, Flip N Cheer, Flips, Hanover, Philadelphia Gymnastics, Philly InMovement, Pittsburgh, Power and Grace, Upper Merion, USA Twisterz, Ultimate PA, Vare |
| FRI 2/18 | FD1 | D | 2 | 11:00am | 11:25am | 1:15pm | AJS Pancott, Bright Stars, EnVision, First State, Infinity, Jersey All Stars, Philly InMovement, Power and Grace, Precision PA, Sportsplex, TNT MD |

| Date | Sess | Gym | Level | Open Stretch | March In | Est Awards | Gyms |
|----------|------|-----|-------|--------------|----------|------------|---|
| FRI 2/18 | FD2 | D | XB | 1:30pm | 1:55pm | 3:30pm | 92Y, First State, gymtIME, Infinity, Power and Grace, Synergy, TNT MD, Ultimate SC, USA Twisterz |
| FRI 2/18 | FD3 | D | XB | 3:30pm | 3:55pm | 5:00pm | Bright Stars, Gym Quest, Legacy NJ, Paragon, Twisters |
| FRI 2/18 | FE1 | E | NCAA | | 6:00pm | | West Chester University, Southern Connecticut State University |
| SAT 2/19 | SA1 | A | 6 | 8:00am | 8:25am | 12:00pm | AJS Pancott, Beach Bounders, Gym-Nest, Head Over Heels, Harford, Hershey, Philly InMovement, Power and Grace, Silvia's, Sportsplex, Ultimate PA, Willow Grove |
| SAT 2/19 | SA2 | A | 6 | 12:15pm | 12:35pm | 4:00pm | 92Y, APEX, All Stars, Apollo, ChesCo, Dynamats, Gotham, GymO, Hope, Infinity, Kendrick, Legacy MD, Precision NJ, Stallone, Twisters |
| SAT 2/19 | SA3 | A | 6 | 4:00pm | 4:25pm | 7:45pm | Action, Aerials CT, Anchor, Columbia, Docksidiers, Flip N Cheer, Hanover, LTD, Lakettes, Pittsburgh, Precision PA, TNT MD, Thrive, Ultimate SC |
| SAT 2/19 | SB1 | B | 4 | 8:30am | 8:55am | 12:30pm | 92Y, Bright Raven, Central Bucks, Gold Medal, Gym Quest, Jersey All Stars, Kendrick, Lakettes, Northeast, Philadelphia Gymnastics, Paragon, Precision PA, Sportsplex, Stallone, Synergy, TNT MD, Upper Merion |
| SAT 2/19 | SB2 | B | 4 | 12:30pm | 12:55pm | 4:30pm | Aerials CT, Anchor, APEX, Apollo, ChesCo, Force, Gym-Nest, Hanover, Head Over Heels, Infinity, Philly InMovement, Power and Grace, Silvia's |
| SAT 2/19 | SB3 | B | 4 | 4:30pm | 4:55pm | 8:30pm | ACPR, AJS Pancott, All Stars, Bright Stars, Coppermine, Dynamite, EnVision, Flip N Cheer, Hershey, Hope, LTD, Precision NJ, Rock, Somerton |
| SAT 2/19 | SC1 | C | 6 | 8:00am | 8:25am | 12:00pm | ACPR, Central Bucks, Dynamite, EnVision, Force, Frederick, Gold Medal, HealthQuest, Hotshots, Phoenixville, Paragon, Paramount, Synergy, Upper Merion |
| SAT 2/19 | SC2 | C | XD | 12:00pm | 12:25pm | 4:30pm | AJS Pancott, APEX, Action, Columbia, First State, Flip N Cheer, Force, Gym Quest, gymtIME, Hanover, LTD, Madison, Precision PA, Synergy, Upper Merion |
| SAT 2/19 | SC3 | C | XD | 4:30pm | 4:55pm | 9:00pm | ACPR, Anchor, Bright Stars, Central Bucks, Flips, Hershey, Infinity, Kendrick, Paragon, Pittsburgh, Somerton, Thrive, Willow Grove |

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|----------|------|-----|----------|--------------|----------|------------|---|
| SAT 2/19 | SD1 | D | XS | 9:00am | 9:25am | 12:30pm | Bright Stars, Central Bucks, Force, Hope, Jersey All Stars, Legacy NJ, Philadelphia Gymnastics, Philly InMovement, Precision PA, Rock, USA Twisterz |
| SAT 2/19 | SD2 | D | XS | 12:45pm | 1:10pm | 4:30pm | 92Y, Flips, Gym Quest, gymtIME, Paragon, Power and Grace, SOMERsault Jungle, Silvia's, Synergy, TNT MD, Twisters, Vare |
| SAT 2/19 | SD3 | D | XS | 4:30pm | 4:55pm | 7:30pm | All Around, Action, Anchor, Dynamite, First State, HealthQuest, Hershey, Infinity, Ultimate SC |
| SAT 2/19 | SE1 | E | 9/10 | 10:00am | 10:25am | 1:30pm | <u>Level 9:</u> APEX, Aerials CT, All Stars, Apollo, Bright Stars, Chantilly, Head Over Heels, Lakettes, Paragon, Synergy, Upstate; <u>Level 10:</u> ACPR, APEX, Aerials CT, All Stars, Apollo, Bright Stars, Chantilly, Dynamats, Head Over Heels, Hershey, Lakettes, Paragon, SOMERsault Jungle, Synergy, Upstate |
| SAT 2/19 | SE2 | E | 10 | 1:45pm | 2:10pm | 5:15pm | AJS Pancott, Action, Central Bucks, Force, Harford, Hotshots, Pittsburgh, Precision NJ, Rock, Sportsplex |
| SUN 2/20 | UA1 | A | 5 | 8:00 AM | 8:25am | 11:15am | 92Y, AJS Pancott, Apollo, Bright Raven, Dynamite, Gym-Nest, Head Over Heels, Hanover, Hotshots, Kaiserman (+1 L4), Northeast, Rock |
| SUN 2/20 | UA2 | A | 5 | 11:15am | 11:40am | 2:45pm | ACPR, Bright Stars, Central Bucks, ChesCo, Flip N Cheer, Gold Medal, Philadelphia Gymnastics, Precision PA, Silvia's, Somerton, Sportsplex |
| SUN 2/20 | UA3 | A | All JOGA | 3:00pm | 3:25pm | 7:30pm | Jersey Jets, Paramount, Rock, Shrewsbury, TNT NJ |
| SUN 2/20 | UB1 | B | 7 | 8:00am | 8:25am | 11:45am | Aerials CT, Bright Stars, Central Bucks, ChesCo, Columbia, Dynamite, Frederick, Head Over Heels, Harford, Infinity, Legacy MD, Paragon, Silvia's, Ultimate SC |
| SUN 2/20 | UB2 | B | 7 | 12:00pm | 12:25pm | 3:30pm | AJS Pancott, APEX, All Stars, Gym-Nest, GymO, Hotshots, Precision PA, Somerton, Sportsplex, Thrive |
| SUN 2/20 | UB3 | B | XG | 3:45pm | 4:10pm | 7:15pm | 92Y, Flip N Cheer, Flips, Force, HealthQuest, Jersey All Stars, Legacy NJ, Madison, Power and Grace, Silvia's |
| SUN 2/20 | UC1 | C | XG | 8:30am | 8:55am | 12:15pm | All Around, AJS Pancott, Aerials CT, Anchor, Gym Quest, Philly InMovement, Synergy |

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| SUN 2/20 | UC2 | C | XG | 12:30pm | 1:10pm | 4:15pm | Bright Stars, Coppermine, Dynamats, Dynamite, gymtiME, Hershey, Infinity, SOMERSault Jungle, Thrive, Ultimate SC |
| SUN 2/20 | UC3 | C | XG | 4:30pm | 4:55pm | 8:00pm | Action, ChesCo, Columbia, Hanover, Kendrick, Precision PA, Rock, Thrive, Upper Merion |
| SUN 2/20 | UD1 | D | 7 | 8:00am | 8:25am | 11:45am | Action, Anchor, Apollo, Gotham, HealthQuest, Kendrick, Lakettes, Northeast, Paramount, Precision NJ, Sunburst, TNT MD, Willow Grove |
| SUN 2/20 | UD2 | D | 7 | 11:45am | 12:10pm | 3:30pm | 92Y, Docksidiers, Dynamats, Hanover, Hershey, Hope, LTD, Phoenixville, Pittsburgh, Stallone, Upper Merion |
| SUN 2/20 | UD3 | D | XG | 3:30pm | 3:55pm | 7:00pm | ACPR, Central Bucks, First State, Hope, LTD, Philadelphia Gymnastics, Paragon, Twisters, USA Twisterz, Vare |
| SUN 2/20 | UE1 | E | 9 | 8:30am | 8:55am | 12:00pm | Action, Central Bucks, Force, Gold Medal, Gym-Nest, GymO, Hershey, Hotshots, LTD, Paramount, Precision PA, Sportsplex, Willow Grove |
| SUN 2/20 | UE2 | E | 9 | 12:00pm | 12:25m | 3:30pm | AJS Pancott, Columbia, Dynamats, Go for the Gold, gymtiME, Hanover, Harford, Pittsburgh, Precision NJ, Rock, Somerton, TNT MD |

